

Curriculum Vitae

BARBARA ANN LUBORSKY

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+1 240-271-5783
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EDUCATION

Georgetown University Hospital Child Development Center Washington, DC 20007	Research Fellow University Affiliated Program <i>Certificate of Specialization in Infant and Toddler</i>	1991-1992
Howard University College of Allied Health Sciences Washington, DC 20059	Undergraduate Student Occupational Therapy Program Bachelor of Science, Occupational Therapy <i>Magna Cum Laude</i>	1988-1991
University of Maryland College of Arts and Humanities College Park, MD 20742	Undergraduate Student Bachelor of Arts, Dance <i>Cum Laude</i>	1985

PROFESSIONAL EXPERIENCE

Way to Grow, LLC Frederick, Maryland	Owner, Manager, Therapist	2002-Present
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I am the owner of this private OT and Speech Therapy practice. We serve children ages birth-18 years of age with various neuro-developmental, genetic, and learning challenges. I conduct evaluations and provide treatment and consultative services; supervise a staff of eight and manage the business. Our scope of practice focuses on developmental, functional, and sensory integrative frames of reference, with focus on a holistic view of the child and family-centered care.

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Frederick Country Day Montessori OT Consultant 2013-2017
Frederick, Maryland

I conducted regularly scheduled visits to the school to see children who had been evaluated and were receiving treatment in my clinic. I consulted and collaborated with their teachers and develop ways to have the teacher support the child's therapy goals throughout the school day. I provided continuing education programs for teachers, as well as parent education programs a few times per year. The children I served were between the ages of 2 and 5 years.

Frederick County Infants and Toddlers Program OT 1996-2000
Frederick, Maryland

I was responsible for providing evaluation and treatment services to children ages 0-3 years with a wide variety of diagnoses. I provided family-centered care in the home and in the center. I developed and maintained IFSP documents and participated in team meetings.

Treatment and Learning Centers Senior OT 1994-1996
Rockville, Maryland

I was the Senior OT for school-based programs in preschool Language Learning classrooms. I was responsible for evaluation, development of IEP documents, participating in team meetings and parent meetings, collaboration with Special Education teachers and Speech Language therapists, as well as supervision of a full-time COTA.

Sunspectrum Rehabilitation at DC Public Schools OT 1994-1996
Washington, District of Columbia

I was a therapist and evaluation specialist at the DC Public Schools Level IV Special Education School, serving children ages 5-21 years with severe and profound handicapping conditions. I was responsible for administering evaluations, providing direct treatment, consulting with teachers and parents, and managing records.

Children's Hospital Home Health OT 1993-1994
Washington, District of Columbia

I was a home therapist for children recently released from inpatient care at Children's National Medical Center. Most of the children were between the ages of 1 and 5 years with a variety of diagnoses and many were medically fragile.

Edward Mazique Parent Child Center OT 1992-1994
Washington, District of Columbia

I was a staff OT providing evaluation, treatment, and parent and teacher consultations. I served children ages 3-5 years, with mild-severe levels of disability. The Center had several Head Start classrooms and twenty-four slots for severely and profoundly handicapped children.

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- Rosemount Center
Washington, District of Columbia
OT
1991-1993
I was a therapist providing evaluation and treatment to children in a 3-5-year-old Head Start setting, serving preschoolers with mild-moderate needs. I planned, designed, and implemented a toy lending library for families and community members, many of whom were living in extreme poverty.
- Montgomery County Department of Therapeutic
Recreation
Bethesda, Maryland
Dance Instructor
1987-1988
I was instructor for a ballet class for teens and young adults with special needs. I was responsible for planning the curriculum and teaching classes.
- Movement Class
Bethesda, Maryland
Instructor and Organizer
1986-1988
I organized and taught a weekly, hour-long modern dance class for blind and low vision adults. I secured a location at a local church, advertised, found interested participants, planned and taught the class.
- TM Associates
College Park, Maryland
Movement/Exercise Instructor
1983-1986
I traveled to several nursing and rehabilitation centers on a weekly basis to lead movement classes. I was responsible for developing routines, picking music and establishing my own schedule.

MANAGEMENT EXPERIENCE

- Montessori Medical Partnership for Inclusion
Co-Founder and Co-Director
2018-Present
Collaborating with pioneers in Montessori Pedagogy from Germany, Canada, United States and Australia, I participated in the first international meeting in Dallas, Texas, in 2012. In 2018, partnering with Catherine Nehring Massie, we have launched a global professional association of Montessorians, medical specialists, families/individuals, and school leaders to collaborate, share research, program designs and methodologies to aid the development of children with disabilities- and differences. Our goals are to establish the best organizational and pedagogical practices for supporting children with differences in inclusive Montessori classrooms.

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Way to Grow, LLC Founder and Owner 2002-Present

As owner and founder of this practice, I am responsible for supervision and management of my employees, oversight of bookkeeping, financial management, strategic planning, and marketing for the company. I am responsible for day-to-day management of every aspect of the company.

MMCI Board of Trustees Parent Representative 2010-2012
Vice President 2006-2008

MMCI is the entity that holds the charters for two Maryland Montessori Public Charter schools- Monocacy Valley Montessori Public Charter School (MVM) and Carroll Creek Montessori Public Charter School (CCM). As a member of the Board of Trustees, I was responsible for overseeing budgets and operations as well as MVM's move to a new location. I was also involved in the process of the establishment and opening of the CCMPCS in 2012. Both schools are still open, serving over 500 students age 3 years through 8th grade.

SPECIAL PROJECTS AND CONSULTING

Montessori Consulting Projects Consultant 2013-Present

Since 2013, I have worked as a consultant to various Montessori schools to assist them with staff development and/or environmental assessment, as well as assisting in design of indoor and outdoor spaces to meet the sensory needs of their students. I have provided these services to schools in Frederick, Maryland; Baltimore, Maryland; Cleveland, Ohio; and Milwaukee, Wisconsin.

Awakenings Program Sensory Room Designer 2008
Hagerstown, Maryland

I was hired to evaluate sixteen program participants, all dually diagnosed with Autism and other mental health diagnoses. I also interviewed staff to determine needs as well as identify challenges in order to design a community room, a sensory room and a lunch room to accommodate the sensory needs of program participants and the needs of staff (who often had up to six individuals to oversee at one time).

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Stepping Stones
Smithsburg, Pennsylvania

Sensory Room Designer

2007

I designed a sensory room for this agency, which serves children ages 6-12 years with Autism Spectrum Disorders. The agency had applied for a large sum of money to purchase sensory equipment for their facility. Having received the grant and purchased the equipment, they did not know how to properly set up the room. Before designing, I conducted extensive observations and interviews with staff to understand how they intended to use the room.

Rosemount Center Toy Lending Library
Washington, District of Columbia

Creator/Designer

1993

While working at this Head Start center as an OT, I designed and opened a toy lending library for the school's community. It was stocked with several of each item and was designed to provide families with toys and games that would support development of motor, cognitive, language and social skills through play. I also designed and put into place lending rules and a system for check out and monitoring return of items.

PROFESSIONAL SPEAKING AND TRAININGS

<i>Preparing for Inclusion: Administrators' Roles and Responsibilities</i>		
Whole School Leadership	Virtual Alexandria, Virginia	May 2020 Oct 2019
<i>Strategies to Support the Student with Dysgraphia at Home</i>		
Decoding Dyslexia, Frederick	Frederick, Maryland	Feb 2020
<i>The Role of the OT in Supporting Students with Special Needs in the Montessori Classroom</i>		
Virginia Montessori Association	Fredericksburg, Virginia	Feb 2020
<i>Inclusion Pedagogy and the Role of the OT</i>		
Lead Montessori 2019 Conference	Prague, Czech Republic	Oct 2019
<i>Collaboration is the Key: Understanding the Role of the OT in Supporting Successful Inclusion in the Montessori Classroom</i>		
Metro Montessori 2019 Conference	Rockville, Maryland	Oct 2019
<i>Occupational Therapy and Montessori Education: Medical Educational Partnership as an Aid to Life</i>		
Montessori Schools of Connecticut, 2018 Annual Conference	Hartford, Connecticut	Oct 2018

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- Empowering Montessori Teachers to Create Inclusive Environment*
International Montessori Congress 2017: Pathway to Peace: Montessori Education as a Pathway to Peace Prague, Czech Republic July 2017
- Helping Children with Attentional Challenges in the Montessori Classroom: The Role of the Occupational Therapist*
NAMTA Conference 2016: Growing Up in a Culture of Distraction: Finding Positive Montessori Strategies to Support Concentration Houston, Texas Jan 2016
- Occupational Therapy and Montessori-Kindred Spirits*
NAMTA Conference 2014: The Holistic Meaning of Inclusion in Montessori Education Phoenix, Arizona 2014

PUBLICATIONS

- Luborsky, B. (March 2020). Tips for Parent-Teachers: Simple sensory strategies for learning at home. *Self-published e-book*.
- Luborsky, B. (Spring 2017). Helping Children with Attentional Challenges in the Montessori Classroom: The Role of the Occupational Therapist. *The NAMTA Journal: Montessori's Positive Psychology to Help All Children*, 42920, 286-352.
- Luborsky, B. (Oct/Nov 2015). Is Your Child Getting All the Therapy She Needs? *Frederick's Child Magazine*, 25(1), 46-48.
- Luborsky, B. (Summer 2014). Occupational Therapy and Montessori-Kindred Spirits: Moving Towards a Scientific and Medical Pedagogy. *The NAMTA Journal: The Holistic Meaning of Inclusion in Montessori Education*, 39(3), 209-248.
- Luborsky, B. (Aug/Sept 2014). Finding Balance for Ourselves and Our Children. *Frederick's Child Magazine*, 23(6), 34-35.
- Luborsky, B. (Dec/Jan 2014). Occupational Therapy and Montessori- A Perfect Match. *Frederick's Child Magazine*, 23(2), 22-26.
- Luborsky, B. (Oct/Nov 2013). Play is the Work of Childhood. *Frederick's Child Magazine*, 23(1), 36-39.

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Luborsky, B. (April/May 2013). Back to Basics-Playing Ball is a Great Way to Build Skills and Spend Time with Your Child. *Frederick's Child Magazine*, 22(4), 7-9.

Luborsky, B. (Feb/Mar 2013). 50 Ways to Get Your Kids Outside and Moving. *Frederick's Child Magazine*, 22(3), 8-11.

Luborsky, B. (Dec/Jan 2013). Think Before You Buy Those Holiday Gifts. *Frederick's Child Magazine*, 22(2), 45-47.

Luborsky, B. (April/May 2012). To Tell or Not to Tell-That is the Question: One Family's Story. *Frederick's Child Magazine*, 21(4), 45-47.

Luborsky, B. (Aug/Sept 2011). It Looks Like They're Just Playing: Are Activity-Based Social Skills Groups Worthwhile? *Frederick's Child Magazine*, 20(6), 32-34.

Luborsky, B. (Feb/Mar 2011). Social Skills Deficits: A Hidden Disability for Many Kids. *Frederick's Child Magazine*, 20(3), 14-15.

Luborsky, B. (Dec/Jan 2010). Want Your Child to Learn More? Better Get Moving! *Frederick's Child Magazine*, 19(2), 40-43.

PROFESSIONAL DEVELOPMENT COURSES AND CONFERENCES

Foundations of Montessori Inclusion	80 hours	Montessori Medical Partnership for Inclusion and the International Academy for Developmental Rehabilitation Milwaukee, Wisconsin	2019
Trauma Informed Occupational and Physical Therapy for Children Howard Community College	6 hours	Maryland State Department of Education and Howard Community College Baltimore, Maryland	2018
Emotional Freedom Techniques 1: Introduction Mind Body Trainings	6 hours	Potomac Massage Therapy Institute Silver Spring, Maryland	2018

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Emotional Freedom Techniques 2: Trauma Mind Body Trainings	6 hours	Potomac Massage Therapy Institute Silver Spring, Maryland	2018
Neuroplasticity for Children Vyne Education	6 hours	Karen Pryor, Ph.D, PT, DPT, ND Ellicott City, Maryland	2018
16 th Annual Autism Conference Kennedy Krieger Institute	7 hours	Autism: A World of Opportunities Baltimore, Maryland	2016
Diamonds in the Rough-Conference Weinfeld Educational Group	6 hours	Strategies for Special Learners Rockville, Maryland	2015
Dyslexia, Dysgraphia, & Dyscalculia: An Integrated Approach CMI Education Institute	6 hours	Kathy Johnson, MS, Ed. Columbia, Maryland	2014
Promoting Clinical Reasoning in Fieldwork Johns Hopkins Hospital and Howard University	4 hours	Johns Hopkins Hospital Baltimore, Maryland	2013
Bal-A-Vis-X, Level 1 Training The Lucy School	12 hours	Bill Hubert Middletown, Maryland	2013
From Primitive Reflexes to Occupational Performance PDP Pro	6 hours	Mary Kawar, MS, OT/L Arlington, Virginia	2012
ADHD: Perspectives on Behavior and Parenting Western Maryland Family Support and Resource Center	5.5 hours	Jason Barth, LCPC Hagerstown, Maryland	2012
OT Management of Vision Challenges Visual Learning Centers of America	3 hours	Michael Kotlicky, O.D. Columbia, Maryland	2011
Developing and Implementing Effective Sensory Diets for Children and Adolescents Summit Professional Education	6 hours	Gwen Wild, MOT, OTR Columbia, Maryland	2010
Strategies for Changing Behavior in Children Western Maryland Family Support and Resource Center	5.5 hours	WMFS Staff Hagerstown, Maryland	2010

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52 Practical Strategies for Asperger Syndrome, Nonverbal Learning Disorders, and High- Functioning Autism Health Education Network, LLC	6 hours	John M. Ortiz, Ph.D. Gettysburg, Pennsylvania	2010
IRLEN Screener Training Abilities OT Services, Inc.	3.5 hours	Shoshana Shamberg, MS, OTR/L, Irlen Screener/ Diagnostician Timonium, Maryland	2009
Childhood Developmental Disorders: Autism, ADHD, Nonverbal Learning Disability, Fetal Alcohol Syndrome, Tourette's, and Other Related Disorders Cross Country Education	6 hours	Anita Remig, Ed.D., FPPR, FSMI Frederick, Maryland	2008
Montessori Autism Training Course Monocacy Montessori Communities, Inc.	32 hours	Michele Lane, M.H.S., B.A., CBT Frederick, Maryland	2008
Understanding the Feingold Diet The Feingold Association of America		Region 2 Team Catonsville, Maryland	2008
In-Sync: Integrating the Senses Through Movement Spectrum Whole Person Training	12 hours	Rita Edwards, Dip OT, D.T.S.E. Pikesville, Maryland	2007
Bal-A-Vis-X, Level 1 Training The Sienna Academy	12 hours	Bill Hubert Great Falls, Virginia	2007
Sensory Integration Therapy for Children with Autism Achievement Seminars	11.5 hours	Stacy E. Szklut, MS, OTR/L Columbia, Maryland	2006
Brain Gym 101 Rentschler Seminars	12 hours	Mary Rentschler Washington, District of Columbia	2006
Special Needs, Special Kids Medical Educational Services, Inc.	5.5 hours	Larry Silver, MD, Lance Clawson, MD, Daniel Pine, MD, Lauren Kenworthy, PhD. Rockville, Maryland	2005
The Art of Clinical Reasoning in Sensory Integration Achievement Seminars	11.5 hours	Stacey E. Szklut, MS, OTR/L Columbia, Maryland	2005

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The Writing Triad: Brain, Eyes, and Hands Achievement Seminars	12 hours	Mary Benbow, MS, OTR Baltimore, Maryland	2005
Childhood's Healthy Essentials: Meeting the Deeper Needs of Children Nova Institute	6 hours	Joseph Chilton Pearce Bethesda, Maryland	2004
Nutrition Therapy: For Children with Autism Spectrum Disorder Cross Country University	6 hours	Elizabeth Strickland, MS, RD, LD Frederick, Maryland	2004
Sensory Integration: Enhancing Outcomes Through Effective Problem-Solving Care Resources	12 hours	Stacey E. Szklut, MS, OTR/L Baltimore, Maryland	2003
Creative Movement Groups for Children with Sensory Integrative Dysfunction Occupational Movement Therapy	6 hours	Geraldine Borrelli Shea, OTR/L Baltimore, Maryland	2003
OT and PT Services for Children with Autism Howard Community College	6 hours	MD State Dept. of Education and Howard Community College Baltimore, Maryland	2003
Opening the Door to Home Assessments for Older Adults: What You Need to Know to Get Started Howard County Department of Citizen Services Office of Aging	4 hours	Mary Becker-Omvig, MS, OTR/L and HC Office of Aging Columbia, Maryland	2003
Practical Applications of Sensory Integration Principles Care Resources	12 hours	Stacey E Szklut, MS, OTR/L Baltimore, Maryland	2002
Integrating NDT and SI in the Educational Environment Howard Community College	6 hours	MD State Dept. of Education and Howard Community College Baltimore, Maryland	2002
NDT Handling Intensive Boehme Workshops	20 hours	Regi Boehme Philadelphia, Pennsylvania	1994

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NDT Approach to Baby Treatment Care Rehab and Frances Scott Key Medical Center	35 hours	Lois Bly, MA, PT Baltimore, Maryland	1994
Neurological Considerations in the Treatment of Autism and Other Severe Developmental Disorders	6 hours	Margaret Bauman, MD, Temple Grandin, Ph.D., Lorna Jean King, OTR, FAOTA, Judith Reismann, Ph.D., OTR, FAOTA	1993
Division of Innovation and Development, Continuing Education Programs of America			
Treatment of Sensory Integration Dysfunction Sensory Integration International	15 hours	Karen Spector, MS, OTR/L and Stacey E. Szklut, MS, OTR/L Durham, North Carolina	1993
Theory of Sensory Integration Sensory Integration International	15 hours	Karen Spector, MS, OTR/L and Stacey E. Szklut, MS, OTR/L Durham, North Carolina	1992
Pediatric Myofacial Release MFR Treatment Centers and Seminars	12 hours	John Barnes Pittsburgh, Pennsylvania	1992
Blending NDT and SI: Treatment Approaches for Young Children Hospital for Sick Children	17 hours	Georgia DeGangi, Ph.D., OTR Washington, District of Columbia	1992
Successful Pediatric Occupational Therapy: Consultation that Works Pediatric OT's of the Greater Washington Area	6 hours	Charlotte Brasic Royeen, Ph.D., OTR, FAOTA and Barbara Hanft, MA, OTR, FAOTA Bethesda, Maryland	1989

INTERESTS AND HOBBIES

- ❖ Advocacy for the rights of children with special needs
- ❖ International travel (Canada, Germany, Greece, Czech Republic, Italy, Holland)
- ❖ Spending time with family and friends
- ❖ Reading and seeing movies